



MEDICAL NUTRITION THERAPY PATIENT ASSESSMENT

Student:		Section:	
Patient:	Mrs. Q	Age:	
Admit Date:		Sex:	Female
Status:	Obese	Unit #:	
Attending:		Room/Bed:	

** Nutritional Assessment Adult **

Food/Nutrition-Related History:

Mrs. Q has had a surgery due to a wound on her knee. It has been resistant to healing

GI:

Current Diet Order:

1000kcal diet

Comments:

It is working for her and helping her loose the weight extremely fast.

Pain interfering with po intake?: **Days NPO/Clear Liquids:**

Skin Risk Score: **Skin:**

Primary Diagnosis: Diabetes

PMH:

Surgery/Procedures/Tests:

A wound that was operated on but is resistant to healing

Nutritionally Significant Labs

Sodium:		Potassium:		Prealbumin:		TRIG:		CO2:	
Chloride:		Calcium:		Albumin:		TChol:		Glucose:	
Phosphorus:		MG⁺⁺:		Creatinine:		HDL:		A1C:	
Other Labs:		Glycos. Hg:		BUN:		LDL:			



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Height:	ft:		in:		cm:		PP Weight:	lb:		oz:		kg:	
Weight:	lb:	170	oz:		kg:		BMI:	30.1					
IBW:	lb:	170	oz:		kg:		PP BMI:	170					
ABW:	lb:	128.75	oz:		kg:		% IBW:	100+14					

** Nutritional Assessment Adult **

WT History:

Nutritionally Significant Meds:

Nutrition Needs:

Estimated REE:

Estimated Calorie Needs:

Estimated Protein Needs:

Estimated Fluid Needs:

Comments:

Nutrition Education Needs Assessed?

Comments:

Degree of Nutritional Risk:

Nutrition Diagnosis

1:

2:

Nutrition Prescription/Intervention

Intervention #1:

Goal #1:

Intervention #2:

Goal #2:

Intervention #3:

Goal #3: